Headquarters:

Hereford Sub Aqua Club

The Rowing Club

Greyfriars Avenue

Hereford

HR4 0BE

Tel: 01432 273915

A logo of a gas mask

Description automatically generated

**Try Dives – What Can I Expect?**

* Welcome & Introduction – meet and greet session at Hereford Pool at 6.45pm in the cafe.
* Administration – we will check that the paperwork is all in order.
* Timetable – we’ll tell you about tonight’s try dive session – in the water at 7.30pm for an hour.
* Pool facilities – we’ll tell you about the pool, changing rooms & spectator area.
* BSAC – a few words about the British Sub-Aqua Club (BSAC).
* HSAC – a few words about Hereford Sub-Aqua Club (HSAC).
* Basic Kit – an introduction to basic dive kit.
* Scuba Gear – an introduction to scuba gear.
* Signals – hand signals needed during the try dive session.
* Safety – how to stay safe in and around the pool and underwater.
* Q & A – any questions
* Kit Selection – we will help you select the right size kit for you.
* Pool side – try on scuba unit and basic kit. Buddy check.
* Pool – start diving, shallow water first then on into deeper water.